### 41st International Mental Health Nursing Conference

#### Tuesday 6 to Friday 9 October Brisbane Convention and Exhibition Centre



PROGRAM – Pre-Conference Day – Tuesday 6 October

Time	Format	Room
8:30am – 9:00am	Pre-Conference Forum Registration	Plaza Auditorium Foyer
Clinical Supervision S	Special Interest Group Forum	
9:00am – 3:45pm  Clinical Supervision Special Interest Group Forum  This forum seeks to move beyond an introduction to clinical supervision and occupy a space where we, as mental health nurses, can celebrate supervision in its own right for our professions.  We aim to stimulate discussion and debate about perceived barriers, identified difficulties, enduring myths and success stories surrounding clinical supervision and turn these into strategies and solutions.  Join us in our roundtable discussions, as practitioners and future practitioners of clinical supervision in finding ways to firmly embed clinical supervision in mental health nursing practice in Australia. It's about time.		Plaza Room P9 Plaza Level
2:30pm – 6:00pm	Conference Registration	Plaza Auditorium Foyer
23rd Oration and Inves	stiture Ceremony	
4:30pm – 6:00pm	<ul> <li>23rd Oration and Investiture Ceremony</li> <li>Chair: Adjunct Associate Professor Kim Ryan, CEO, ACMHN</li> <li>From Compassion fatigue to the new paradigm</li> <li>Orator: Ms Fay Jackson, CEO, Vision in Mind and Deputy Commissioner NSW Mental Health</li> <li>The oration will cover the acknowledgement of great MH Nursing which can be therapeutic in the most unexpected ways.</li> <li>The need for change in the way services are being delivered and the pivotal role nurses play in this. Services are like an orchestra and each member of the orchestra needs to play their part beautifully to produce wonderful music. These orchestras may be in a recital hall or maybe playing in the street.</li> <li>The new language of mental health and shifting culture.</li> <li>The collaborative, whole of person, whole of life, intergenerational mental health care needs.</li> </ul>	Plaza Auditorium Plaza Level



Time	Format	Room
6:00pm – 7:00pm	Welcome Reception and Exhibition	Plaza Auditorium Foyer
7:00pm	End of Pre-Conference Day	



PROGRAM -Conference Day 1 - Wednesday 7October

Time	Format	Room		
7:30am – 5:00pm	Conference Registration	Plaza Auditorium Foyer		
8:30am – 5:00pm	30am – 5:00pm Exhibition Open			
Opening Plenary				
Chair	Professor Wendy Cross, President, ACMHN			
9:00am – 9:15am	Welcome to Country Nunukul Yuggera			
9:15am – 9:45am	Opening Address Speaker: Dr Lesley van Schoubroeck, Queensland Mental Health Commissioner			
9:45am – 10:30am	Mental Health Nurses: Changing the conversation can change the world  Keynote Speaker: Dr Gail Stuart, Dean and Distinguished University Professor, Medical University of South Carolina College of Nursing  This session will focus on how mental health nurses are perceived by others, and how they enact their role and activities. The challenge is to change the dialogue and activate leadership skills using the social ecological model to move the specialty from the bedside to the boardroom and beyond.			
10:30am – 10:40am	Accreditation Framework Launch Speaker: Professor Wendy Cross, President, ACMHN			
10:40am – 11:00am	Morning Tea and Exhibition	Plaza Auditorium Foyer		



Time	Format	Room				
11:00am – 12:30pm - C	1:00am – 12:30pm - Concurrent Session 1					
Speaker Times	1A Education and Research Plaza Auditorium Plaza Level	1B Clinical Care Plaza Room P6 Plaza Level	1C Innovation in Practice Plaza Room P7 Plaza Level	1D Consumers and Carers Plaza Room P8 Plaza Level		
	Chair: Vikki Dearie	Chair: Grant Kinghorn	Chair: Breda Ryan	Chair: Dianne Wynaden		
11:05am – 11:30am	Speaker: Charanjit Singh	Speaker: Barb Bowler	Speaker: Nicole Butterfield	Speaker: Brenda Happell		
	Universities: A Toxic environment for Academics? An Analysis of Academic Commentary. A discussion paper	Mental Health Nurses - Empowering Consumers to Manage Chronic Disease - a Motivational Interviewing Approach	Physical Health Project in a South Australian Community Rehabilitation Centre Mental Health Nursing led initiative	Vision before action: enhancing consumer participation in mental health nursing education		
11:35am – 12:00pm	Speaker: Johanna Dalton	Speaker: Robert Stanton	Speaker: Gin Liang Chee	Speaker: Sue McAndrew		
	Successful strategies for building student confidence in mental health care	Miscalculations of body mass index: Prevalence and implications for mental health nursing	Exploring the physical health outcomes of people with severe mental illness	Cutting through the red tape: Listening to the voices of young people who self-harm		
12:05pm – 12:30pm	Speaker: Kylie Hall	Speaker: Karen-Ann Clarke	Speaker: Jude Hewavasam	Speaker: Andrew Watkins		
	An innovative approach to supporting undergraduate nursing students toward a career in mental health.	Women and depression: making meaning and decisions about electroconvulsive therapy. A feminist perspective.	Development and implementation of an Accredited Exercise Physiologist role at an inpatient mental health service	Views of young people involved in a physical health intervention program: A qualitative study.		
12:30pm – 1:30pm	Lunch, Exhibition and Posters P1			Plaza Auditorium Foyer		



Time	Format	Room		
1:30pm – 3:00pm - Co	ncurrent Session 2			
Speaker Times	2A Education and Research Plaza Auditorium Plaza Level	2B Clinical Care Plaza Room P6 Plaza Level	2C Innovation in Practice Plaza Room P7 Plaza Level	2D Consumers and Carers Plaza Room P8 Plaza Level
	Chair: Anneke Bull	Chair: Robert Stanton	Chair: Bindu Joseph	Chair: Tony Warne
1:35pm – 2:00pm	Speaker: Natisha Sands	Speaker: Terence McCann	Speaker: James Reid	Speaker: Brenda Happell
	Development and testing of the UK Mental Health Triage Scale: leading change on an international scale	Nurses' experiences of seclusion and restraint use in acute old age psychiatry inpatient units	A New Way but an Old Way: Safewards Inpatient services Bendigo Health	Physical health of consumers of mental health services: articulating the consumer perspective
2:05pm – 2:30pm	Speaker: Fiona Nolan	Speaker: Bryan McMinn	Speaker: Tom Ryan	Speaker: Christopher Patterson
	Results of a programme to evaluate protected engagement time in acute and older adult inpatient wards in England	Quantifying readiness for discharge from sub-acute Mental Health Units for Older People	Specialist Clinics: Expanding the range of service delivery and practice in a regional setting	Caregiver perspectives of experiencing the opportunity to 'have a break'.
2:35pm – 3:00pm	Speaker: Napaporn Aeamla-Or	Speaker: Harry Lovelock	Speaker: Brian Jackson	Speaker: Dorothy Green
	Effects of Mindfulness-Based Stress Reduction on Stress, Depression, Self- esteem and Mindfulness in Thai Nursing Students	Working with people affected by forced adoption - the ripple effect	Trends in the use of physical restraint among a metropolitan mental health service in Victoria	Mental Health Recovery
3:00pm – 3:30pm	Afternoon Tea and Exhibition			Plaza Auditorium Foyer



Time	Format	Room				
3:30pm – 5:00pm - Co	3:30pm – 5:00pm - Concurrent Session 3					
Speaker Times	3A Education and Research Plaza Auditorium Plaza Level	3B Clinical Care Plaza Room P6 Plaza Level	3C Innovation in Practice Plaza Room P7 Plaza Level	3D New Directions for MHN Plaza Room P8 Plaza Level		
	Chair: Brian Jackson	Chair: Terence McCann	Chair: Tom Ryan	Chair: Fiona Nolan		
3:35pm – 4:00pm	Speaker: Gareth Daniels	Speaker: Cecelea Hiscox	Speaker: Timothy Brown	Speaker: Nicole Butterfield		
	Professional Studies in Mental Health Nursing	Embracing Safewards - Our experiences from the ward	The Police and Ambulance and Clinical Early Response (PACER) program - a mobile emergency response team	Yoga and Mindfulness for Mental Health: Mental Health Nursing leading the future		
4:05pm – 4:30pm	Speaker: Michael Hazelton	Speaker: Gary Ennis	Speaker: Jillian Le Gros	Speaker: Kobie Hatch		
	10 good reasons for supporting mental health in comprehensive nurse education	Clinical Leadership for Mental Health Nurses	Brief Interventions in Mental Health Assessment Services: Single Session Work (SSW): A feasibility study	Too Busy to Be There? Supporting therapeutic relationships in the modern mental health unit		
4:35pm – 5:00pm	Speaker: Natisha Sands	Speaker: Evan Player	Speaker: Chris Taua	Speaker: Alan Grochulski		
	In full focus: Using film to record, research, and teach mental health nursing	Mental Health Nurses need recovery too	A Multidimensional Integrated Framework to improve inpatient mental health care of people with intellectual disability	What is a mental health nursing consultant doing in a place like child protection?		
5:00pm	End of Conference Day 1					



Time	Format	Room
5:15pm — 6:15pm	Workshop - Reviewing for the International Journal of Mental Health Nursing  Facilitator: Ms Kim Usher, Editor in Chief, International Journal of Mental Health Nursing  The International Journal of Mental Health Nursing is the official journal of the Australian College of Mental Health Nurses.  To continue its success, the journal relies on the membership to assist with important roles including peer review. Quality peer reviews are in fact the backbone of scientific publishing. Participating in the peer review process is an important way to contribute to the scholarship and development of the mental health nursing discipline.  The purpose of this professional development workshop is to:  Discuss the value of being a reviewer  Explore the areas in which reviewing opportunities can be identified  Discuss the key attributes of an effective reviewer  Discuss the top ten tips of effective reviewing activity	Meeting Room P6 Plaza Level



PROGRAM - Conference Day 2 - Thursday 8 October

Time	Format	Room
10:30am – 4:30pm	Conference Registration	Plaza Auditorium Foyer
8:30am – 4:30pm	:30am – 4:30pm Exhibition Open	
AGM Breakfast and M	Members Forum	
7:45am – 8:30am	AGM Registration	Plaza Gallery Foyer
8:30am — 10:30am	AGM Breakfast and Members Forum  Breakfast will be served at 8:30am, ticket must be shown to receive breakfast	Plaza Gallery Plaza Level
10:30am – 11:00am	Morning Tea and Exhibition	Plaza Auditorium Foyer
Plenary Session 2		
	Chair: Brenda Happell	
	Shifting culture, leading change  Keynote Speaker: Professor Julie Repper, Programme Director - ImROC (Implementing Recovery for Organisational Change), University of Nottingham and Recovery Lead, Nottinghamshire Healthcare Trust	
11:00am – 11:45am	Recovery focused values offer a framework for mental health nursing that is explicitly based on the wishes and preferences of people with lived experience of mental health challenges. This paper will discuss the meaning of these values and how they can influence and improve the roles, relationships, practices and politics of mental health nurses whether they are working in practice, research, management or leadership positions.	Plaza Auditorium Plaza Level
	Since nurses are the professional group who spend most time with people using services, and they are most closely involved with multiple aspects of their lives, they are also their natural allies, confidantes, supporters and advocates in services. It is through their experience of being with people, working with them to find ways forward in times of distress, sharing decision making, problem solving, planning ahead and building resilience, that nurses build expertise and bring real credibility to their leadership.	Tiaza Level
	Not only do recovery values and skills translate effectively into tranformational leadership as an approach for changing cultures, but hard won skills in coproduction and collaboration at an individual level are essential for partnership developments at service and organisational levels.	

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Time	Format			Room			
Plenary Session 2 con	Plenary Session 2 continued						
11:45am – 12:30pm	Chair: Dianne Wynaden  Mental Health Nursing: it really is ro  Keynote Speaker: Adjunct Associate Pr	Plaza Auditorium Plaza Level					
12:30pm – 1:30pm	Lunch, Exhibition and Poster Displa	ys P2		Plaza Auditorium Foyer			
1:30pm – 3:00pm - Co	ncurrent Session 4						
Speaker Times	4A Education and Research Plaza Auditorium Plaza Level	4B New Directions of MHN Plaza Room P6 Plaza Level	4C Inter-disciplinary Practice Plaza Room P7 Plaza Level	4D Cultural Diversity Plaza Room P8 Plaza Level			
1:35pm – 2:00pm	Chair: Andrew Watkins  Speaker: Philip Warelow  Is there such a thing as a mental-health nurse?	Chair: Gin Liang Chee  Speaker: Grant Kinghorn  "To work in Mental Health, or not"  That's the question for newly qualified Registered Nurses	Chair: Nicole Butterfield  Speaker: Vikki Dearie  Victorian Mental Health Interprofessional Leadership Project; experiences, benefits and challenges of modelling interprofessional collaborative practice	Chair: Dorothy Green  Speaker: Bindu Joseph  Shifting trends in mental health nursing: experiences of nurses from CALD backgrounds working in mental health			
2:05pm – 2:30pm 2:35pm – 3:00pm	Speaker: Sini Jacob Break the barriers of recovery and lead the change: A call for mental health nurses.  Speaker: Natisha Sands	Speaker: Natalie Cutler Knowledge co-production: The next step in the development of Mental Health Nursing?  Speaker: Nigel Toomey	Speaker: Selvamalar Anandakumarasamy Managing Emotional Dysregulation within a Family Therapy Session: Use of sensory techniques in systemic work. Speaker: Elaine Ford	Speaker: Leonie Cox Cultural safety and diversity: refocusing our energies in mental health nursing practice, education and research Speaker: Deb O'Kane			
2.55pm – 5.00pm	Mental Health Nursing: This is our story - Documentary	Describing recovery in a Community Care Unit	Cool Kids Program for the treatment of anxiety in children	Reshaping curricula: Mental health and Culture			
3:00pm – 3:30pm	Afternoon Tea and Exhibition			Plaza Auditorium Foyer			

Time	Format	Room				
3:30pm – 5:00pm - Cor	3:30pm – 5:00pm - Concurrent Session 5					
Speaker Times	5A Education and Research Plaza Auditorium Plaza Level	5B New Directions of MHN Plaza Room P6 Plaza Level	5C Consumers and Carers Plaza Room P7 Plaza Level	5D Policy and Practice Change Plaza Room P8 Plaza Level		
	Chair: Sini Jacob	Chair: Gayelene Boardman	Chair: Elaine Ford	Chair: Natisha Sands		
3:35pm – 4:00pm	<b>Speaker:</b> Vikki Dearie	Speaker: Christine Cummins	Speaker: Terence McCann	Speaker: Deb O'Kane		
	Evaluation of emergency department staff training to use trauma informed care for mental health consumers	Healing with Dignity: working with torture and trauma survivors on Christmas Island	The experience of primary carers' of older parents with severe and persistent mental illness	Assistants in Nursing (AINs) in the supervision of mental health patients in the emergency department		
4:05pm – 4:30pm	Speaker: Eric Lim	Speaker: Zara Mills	Speaker: Sue McAndrew	Speaker: Nathan Dart		
	Managing the aftermath effects of consumer aggression on mental health nurses: A systematic review.	Shifting Community Psychiatric Nursing Culture to Leading Community Mental Health Change in Fiji	Crossing Boarders: Addressing the mental wellbeing of women exposed to female genital mutilation (FGM)	Safewards Queensland: Back to the Future!!		
4:35pm – 5:00pm	Speaker: Michael Hazelton	Speaker: Jem Mills	Speaker: Stephen Van Vorst	Speaker: Shelley Anderson		
	'That practicing and preaching thing': Working effectively with people judged to be resisting treatment	Finding our place in the new world order: MHNs and the rise of Peer Workers	Perinatal depression and the impact on the father: A review of the literature	Patient Involvement in the Nursing Handover on the Acute In-patient Unit		
5:00pm	End of Conference Program					
Conference Dinner						
7.00 11.00	Conference Dinner			Boulevard Room		
7:00pm – 11:00pm	Conference dinner ticket required, 6:45pm arrival			Boulevard Level		
11:00pm	End of Conference Day 2					



#### PROGRAM - Conference Day 3 - Friday 9 October

Time	Format	Room				
8:30am – 3:30pm	Conference Registration	Plaza Auditorium Foyer				
8:30am – 3:30pm	Exhibition Open			Fiaza Auditorium Foyer		
9:00am – 10:30am - Co	oncurrent Session 6					
Speaker Times	6A Policy and Practice Change Plaza Auditorium Plaza Level	6B Education and Research Plaza Room P6 Plaza Level	6C Cultural Diversity Plaza Room P7 Plaza Level	6D Innovation in Practice Plaza Room P8 Plaza Level		
	Chair: Natalie Cutler	Chair: Eric Lim	Chair: Leonie Cox	Chair: Zara Mills		
9:05am – 9:30am	Speaker: Ros Bowyer	Speaker: Stephen Van Vorst	Speaker: John Riley	Speaker: James Houghton		
	"Am I ever going to see your face again?" Translating national framework to practice change.	Does a standalone mental health unit/subject in midwifery curriculum better prepare RM's for clinical practice?	Yungee On Country, Young Men's Cultural Lore Camps Hopevale Qld	Clinical Supervision for advanced practice nurses in acute care: successful mental health/paediatric nurse partnerships		
9:35am – 10:00am	Speaker: Caroline Picton	Speaker: Andrew Watkins	Speaker: Andrew Pridding	Speaker: Breanna Achterbosch		
	How therapeutic recreation contributes to recovery for people who are living with mental illness.	Confidence, knowledge, attitudes and perceived barriers changes to physical health care following an education workshop	Adults with autism, assessment and differentiation from other mental disorders	Introduction of Drum Therapy in a Mental Health Secure Extended Care Unit (SECU).		
10:05am – 10:30am	Speaker: Tony Warne	Speaker: Julie Blackburn	Speaker: Dianne Briffa	Speaker: Anneke Bull		
	Politicising the UK Mental Health Priorities Agenda: a case of déjà vu or Jamais vu?	Politicising the UK Mental Health Embedding Sensory Modulation Mental Health and Deafness - Are we culturally competent?  Training into Clinical Practice in an culturally competent?				
10:30am – 11:00am	Morning Tea and Exhibition			Plaza Auditorium Foyer		

# ACMHN2015

Time	Format	Room			
11:00am – 12:30pm – Concurrent Session 7					
Speaker Times	7A ACMHN & Emergency Nurses Joint Panel Session Plaza Auditorium Plaza Level	7B Education and Research Plaza Room P6 Plaza Level	7C Education and Research Plaza Room P7 Plaza Level	7D Innovation in Practice Plaza Room P8 Plaza Level	
	Facilitator: Professor Kim Foster	Chair: Julie Blackburn	Chair: Andrew Pridding	Chair: Deb O'Kane	
11:05am – 11:30am 11:35am – 12:00pm	ACMHN & Emergency Nurses Joint Panel Session  Panellists:  1. Professor Brian McKenna  2. Associate Professor Timothy Wand  3. Dr Stephen Priestly  4. Pastor David Nahi	Speaker: Tony Warne Transferring professional stigma: Addressing the more embedded negative elements of mental health nursing care  Speaker: Gayelene Boardman 'Research to Recovery' mental health conference: An innovative evidence based teaching model for undergraduate nurses	Speaker: Jennifer Nobbs  The Australian Mental Health Care Classification: developing a new way of measuring and funding care  Speaker: Breda Ryan A new mental health law for Western Australia: concerns, contradictions and reality	Speaker: Trentham Furness Risk factors associated with fall episodes among aged inpatient and residential mental health services  Speaker: Carolyn Rae Creating positive cultures of care - leading by example	
12:05pm – 12:30pm	5. Ms Jennifer Harland  Speaker: David Ekers  Behavioural Activation (BA) for Depression delivered by non specialists. Effectiveness, training and relevance to nurse development	Speaker: Andrew Watkins Staff-health program: A means of cultural change to address physical health care in mental health.	Speaker: Niall Higgins Introduction of the Safewards program in Queensland public hospital acute mental health settings	Speaker: Zarko Djekic Improving quality of care of consumers who are experiencing acute deterioration in their mental health	
12:30pm – 1:30pm	Lunch, Exhibition and Poster Displa	Plaza Auditorium Foyer			
Plenary Session 3					
1:30pm – 2:15pm	Chair: Kim Usher  Mental Health isn't a political issue  Keynote Speaker: Ms Nicole Gibson, National Mental Health Commissioner and CEO, The Rogue and Rouge Foundation			Plaza Auditorium Plaza Level	

Time	Format	Room		
Plenary Session 3 continued				
2:15pm – 3:00pm	Chair: Michael Hazelton	Plaza Auditorium Plaza Level		
	Dare to be different! Dare to be special! Dare to lead!			
	Keynote Speaker: Dr Peter Santangelo, Member, NSW Mental Health Review Tribunal and Independent Practitioner			
	How is mental health nursing differentiated from other disciplines and professions? What special contribution do mental health nurses make to health services? Where are the opportunities for mental health nurses to lead health care provision for people with mental health issues? These are issues that need to be continually addressed in order to advance cultural change in health care provision. In relation to recovery-focused services, Bonney and Stickley (2008) put forward a challenge that "nurses' thinking about recovery requires a deconstruction of past and current thinking around mental illness and the role of the nurse and work towards becoming a navigator or facilitator along the way of another's journey as lives become reconstructed". My address to this conference will draw on my own research which asked the question What's special about mental health nursing? and proposes a theoretical construct of mental health nursing practice that focuses on these issues.			
3:00pm – 3:30pm	Afternoon Tea and Exhibition	Plaza Auditorium Foyer		
Plenary Session 4 and Closing				
3:30pm – 4:00pm	Award Ceremony & Conference Close	Plaza Auditorium Plaza Level		
4:00pm	End of Conference			



### **Poster Displays**

Time	Session	Room		
Conference Day 1 – Wednesday 7 October - Session P1				
1:00pm – 1:15pm	P1.001 – Presenter: Amelia McLarnon Integrated Health Practices – Resilience - Sustainability and Ecology	Plaza Auditorium Foyer		
	P1.002 – Presenter: Masami Hasegawa An intervention of depression and suicidal behaviour patients with Emotion Modulation Therapy (EMT)			
	P1.003 – Presenter: Teresa Kelly Cardiovascular health up close and personal: A study protocol.			
	P1.004 – Presenter: Freyja Millar The Brief Intervention Team Model of Care: showcasing Nurse Practitioner leadership.			
	P1.005 – Presenter: Bruce Collyer "Primum non nocere" or "To Do no Harm"			
	P1.006 – Presenter: Terence McCann  It made me feel like I had a voice': using co-design to improve consumer experience.			
	P1.007 – Presenter: Dana Perlman Recovery Camp: Enhancing the Professional Learning of Future Professionals			
	P1.008 – Presenter: Alan Yat Kwan Tsang Stress sources and coping of undergraduate mental health nursing students			
Conference Day 2 – Thursday 8 October - Session P2				
1:00pm – 1:15pm	P2.001 – Presenter: Joanne Boon The Adult Mental Health Inpatient Unit: An Influence in Stigma?	Plaza Auditorium Foyer		
	<b>P2.002 - Presenter:</b> Sini Jacob From there to here: Sustaining the path of harm minimisation			

Time	Session	Room		
Conference Day 2 – Thursday 8 October - Session P2 continued				
1:00pm – 1:15pm	P2.003 - Presenter: Lisa Spong Reducing Restrictive Interventions	Plaza Auditorium Foyer		
	<b>P2.004 - Presenter:</b> Maria Fitzgerald Emergency department mental health at a rural hospital: collaboratively defining a culture of care			
	P2.005 – Presenter: Victoria Walker Looking at history to inform changes in responsive care			
	P1.006 - Presenter: Christopher Patterson Innovation in practice: a study of the use of situation awareness in mental health nursing			
	P1.007 - Presenter: Bronwyn Tarrant "Which of the following are true?" Consumer led content and assessment in entry-to-practice mental-health subjects			
Conference Day 3 – Friday 9 October - Session P3				
1:00pm – 1:15pm	P3.001 – Presenter: Alexandra Dimovski Mental Health Community Nursing Practice Environment	Plaza Auditorium Foyer		
	P3.002 - Presenter: Bronwyn Tarrant Leading change in 140 characters or less: Using Twitter to teach consumer-focused mental health nursing.			
	P3.003 - Presenter: Aileen Lane Snapshots - A Therapeutic Photography Group Activity in Waratah Adult Mental Health Unit			
	P3.004 - Presenter: Katrina Angus Utilising MaskEd to increase Graduate applications			
	P3.005 - Presenter: Julie Millard What does ROSSAT have to do with me? Shifting the culture on recovery oriented services			
	P3.006 - Presenter: Nathan Dart Deconstructing aggression with in Mental Health Services. Who will care?			